

This is to certify that, you,

# Mayu HAGIWARA

have successfully completed the AFS Global Up Educator, a 20-hour blended learning program in which teachers become more Globally Competent and learn how to develop Global Competence in their students through self-paced content modules, quizzes, discussion forum, self-assessments, case studies, and facilitated live sessions with peers. You are now more equipped with cultural self-awareness, empathy for other cultures, and ways to build bridges in multicultural classrooms.

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Linda Stuart

Head of AFS Global Competence Certificate

Anggie Hall
Qualified Facilitator



The GCC content was designed to meet key educational goals to help learners develop global competence. These goals are organized into four core areas:

#### SELF-AWARENESS

- Increase cultural self-awareness through reflecting on their own personal and cultural experience as citizens in local to global contexts.
- Identify and understand how cultural groups have shaped their characteristic ways of feeling, perceiving, thinking, and behaving.
- Analyze and reflect on power relations, privilege, and inequality.

### **AWARENESS ABOUT OTHERS**

- Recognize and understand patterns of behavior and values of people from different cultural contexts.
- Empathize with culturally different others.

### **EMOTIONAL INTELLIGENCE**

- Suspend judgment and be flexible in different cultural contexts.
- Apply effective and appropriate strategies to deal with ambiguous situations.
- Describe and manage responses to their own cultural biases and emotional triggers.
- Be aware of personal limits and be open to seek support.

## **BRIDGES TO OTHERS**

- Initiate and develop relationships with culturally different others.
- Communicate and interact effectively and appropriately in different contexts.



